Community and Family Scenario Pack

Six prompts for adult community and family settings

How to use this pack. Choose one manageable scenario. Read it once without discussion. Roll one die, attempt recall, reveal the value and meaning, then use only the practice question that matches the rolled face. If the triangle appears, use the all-values ALOHA Pause.

Standard practice questions

Face	Value	Meaning	Practice question
A^{k}	Akahai	Kindness to be expressed with tenderness.	What does kindness look like here, and what truth needs to be expressed with tenderness?
L	Lōkahi	Unity to be expressed with harmony.	What would support unity here without forcing agreement?
O	ʻOluʻolu	Agreeableness to be expressed with pleasantness.	What would cooperation look like while keeping the response honest and respectful?
H	Haʻahaʻa	Humility to be expressed with modesty.	What changes if we listen first and soften our certainty?
A^{h}	Ahonui	Patience to be expressed with perseverance.	What requires time, and what steady action can we take without forcing the outcome?

Scenario flow

1. Read the scenario neutrally.
2. Roll, recall, and reveal.
3. Use the matching practice question.
4. Reflect without forcing agreement.
5. Name a next action, responsibility, or question.

1. Different perspectives

Community members bring different experiences and priorities. A few voices dominate while others stay quiet.

Situation focus: participation, listening, and shared responsibility

Notes / next step: _____

2. Shared resources

People disagree about how limited time, money, or space should be used. Some feel overlooked.

Situation focus: fairness, tradeoffs, and transparency

Notes / next step: _____

3. Low participation

The same few people attend and carry the work. Decisions feel disconnected from the wider community.

Situation focus: access, invitation, and sustainable involvement

Notes / next step: _____

4. Family responsibility

Family members disagree about how care or household responsibilities should be shared. Resentment grows quietly.

Situation focus: capacity, expectations, and ownership

Notes / next step: _____

5. Cultural misunderstanding

Different norms or experiences lead to misunderstanding. Intent is debated while impact remains unresolved.

Situation focus: curiosity, impact, and learning

Notes / next step: _____

6. Repair after disagreement

A difficult exchange leaves people hurt and uncertain about what to do next.

Situation focus: accountability, boundaries, and possible repair

Notes / next step: _____

Use boundaries

- Participation and disclosure remain voluntary.
- Do not use these scenarios as therapy, mediation, crisis response, or professional advice.
- Do not promise safety, confidentiality, agreement, healing, or a particular outcome.
- Use qualified support when the situation exceeds the facilitator’s role.