SHARE ALOHA NOW

10-Minute Facilitator Activity

One die. Five values. A simple introduction to learning, remembering, reflecting, and applying ALOHA.

BEFORE YOU BEGIN

Open sharealohanow.com/play/ in Teaching Mode. Keep the five values reference available at sharealohanow.com/five-aloha-values/. Choose a low-stakes scenario. Participants may speak, write, listen, or pass; personal disclosure is never required.

0–2 MIN

LEARN

Introduce Akahai (kindness), Lōkahi (unity), ʻOluʻolu (agreeableness), Haʻahaʻa (humility), and Ahonui (patience). Explain the six faces: A^k, L, O, H, A^h, and △. The triangle is the ALOHA Pause—consider all five values.

2–5 MIN

ROLL & REMEMBER

Roll once in Teaching Mode. Ask: “Which value does this symbol represent?” Allow recall before pressing Reveal value. Read its meaning together. Repeat if time permits. On △, try to name all five values before revealing.

5–8 MIN

REFLECT

Offer the scenario: “A new person joins your group and seems unsure how to participate.” Switch the same die to Practice Mode, roll once, and read the reflection prompt. Give quiet thinking time; sharing is optional. For △, consider all five values.

8–10 MIN

APPLY & CLOSE

Ask: “What is one small action you could take in this situation?” Invite a spoken response, a note, or silent intention. Thank everyone. Do not grade responses or demand a promise.

FACILITATOR REMINDERS

Guide the process; do not decide what ALOHA must mean for others. Keep participation voluntary. If a situation becomes sensitive or conflict escalates, pause rather than pushing for resolution. This is an introductory practice—not a certification or guaranteed outcome.

Cultural grounding: The five ALOHA values are associated with Pilahi Paki and recognized in Hawaiʻi Revised Statutes §5-7.5. The single-die symbols and activity are a contemporary Share Aloha Now teaching method, not the origin of the values.